



5 Star Medical Club

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5 Star Medical Club

YOUR PERSONAL MEDICAL ALLIANCE

At The Peninsula Tokyo,
your personal physician, specialist medical team,
and medical caseworker stand by your side—
dedicated to your future and well-being,
delivering a one-of-a-kind medical experience
tailored just for you.



5 Star Medical Club



INTERNATIONAL VIP MEDICAL CLUB 5STAR MEDICAL CLUB

Located in the tranquil and refined setting of The Peninsula Tokyo,
our medical club for international VIPs merges advanced medicine with everyday peace of mind.
Centered around your personal physician, our team of experts across multiple specialties collaborates
seamlessly with experienced, multilingual caseworkers.

From screening and treatment to prevention and regenerative therapy,
we provide integrated support tailored to your needs.

Our caseworkers—fluent in English, Chinese,
and other languages—understand both cultural and institutional nuances,
offering nuanced support that transcends language barriers.

From subtle health concerns to arranging precision tests or reserving club facilities,
our medical caseworkers serve as your discreet guide.

Their involvement isn't occasional or fragmented—it's the quiet beginning of a carefully designed
medical blueprint for your future.

With cutting-edge techniques like regenerative medicine, immunotherapy, genetic analysis, and
advanced health checks,
a unique medical scenario unfolds just for you.

This is a singular medical experience—crafted exclusively for your future,
delivered by your personal medical team,
in a space like no other in the world.

ABOUT US

A One-of-a-Kind Private Medical Club for Global VIPs

5Star Medical Club is an exclusive, members-only medical club based at The Peninsula Tokyo, offering a unique blend of advanced medicine, beauty, and preventive care to international VIPs from around the world.

Personalized Medical Care by Dedicated Physicians and a Multilingual Team

At the core of our club is a team-based medical system led by personal physicians, specialists across various disciplines, and multilingual medical caseworkers. These internationally savvy professionals provide seamless coordination across all phases—from health checkups and treatment to preventive care and lifestyle support—ensuring each member receives personalized and attentive care. As a VIP International Medical Support hub, we offer continuous medical care from personal and specialist doctors, multilingual interpretation and coordination services, and a luxurious medical environment that supports international credit cards and various global payment platforms.

Cutting-Edge Medicine Backed by In-House Clinics and a GMP-Compliant Cell Processing Facility

We operate two dedicated medical clinics and a GMP-compliant cell processing facility, enabling us to deliver a comprehensive range of services from prevention to regenerative and aesthetic medicine. All facilities are staffed with expert physicians and medical caseworkers, ensuring consistent, high-level medical care.

Within The Peninsula Tokyo, we have established an exclusive medical center for VIPs. In this serene and refined space, members can experience tailor-made healthcare like nowhere else in the world.

At our luxury aesthetic clinic, CLINIC 9ru, we offer advanced medical skincare and anti-aging treatments that fuse dermatology and regenerative beauty. Our goal is to rebuild at the cellular level—achieving a natural yet scientifically grounded rejuvenation.

At THE PREVENTION CLINIC TOKYO, a state-of-the-art health screening center, we combine genetic analysis, immune diagnostics, and imaging to visualize future health risks. Together with your physician, we develop a scientifically-backed, personalized prevention strategy.

Our GMP-compliant cell processing facility further supports regenerative treatments, such as stem cell therapy, immunotherapy, and genetic diagnostics. We also extend these advanced technologies to the fields of aesthetic medicine and skincare, offering world-class medical standards.



Comprehensive Support for International Residents and Visitors

For those visiting from overseas, we provide full support—from assistance with medical visas and insurance guidance for long-term stays to coordination with university hospitals and emergency medical services. All support is handled directly by our dedicated caseworkers.

Experience a one-of-a-kind medical journey that unites prevention and beauty in the serene luxury of The Peninsula Tokyo.

A medical team like no other—designed just for you, and found nowhere else in the world.

MEDICAL SERVICES

STEM CELL

State-of-the-art anti-aging to rejuvenate youth.

Stem cells cultivated under strict management within our clinic group are administered intravenously according to patients' concerns. Stem cells have the property of actively transporting themselves to damaged tissues and repairing them. Through intravenous drips, stem cells can efficiently reach various damaged or inflamed areas of the body, offering the best possible effects. Additionally, by introducing stem cell culture supernatant, rich in growth factors produced during cultivation, into the body, we can eliminate aging factors (SASPs) and aim to restore the functions of damaged tissues and cells.

5Star Medical Club Exclusive Cell Processing and Culturing Facility

The stem cells and stem cell culture supernatant used in treatments are produced at 5Star Medical Club's exclusive cell processing and culturing facility. This facility is a dedicated cleanroom that maintains the required level of cleanliness for cell culturing. It meets strict criteria and has been authorized by the Minister of Health, Labour and Welfare for the manufacturing of specified cell products. Under the supervision of a regenerative medicine specialist with top-level clinical experience in Japan, specialized cell culture technicians are responsible for culturing the cells within the clinic, including performing the final cell inspections. This ensures that the condition of the patient's cells is closely monitored daily. The dedicated technicians carefully handle the culturing process manually, constantly checking the state and growth of the cells and providing the optimal conditions tailored to each individual cell. This allows for the cultivation of high-quality cells, enabling various treatments to be carried out effectively and safely.



CHECK UP

Check Up

The ultimate medical check to protect your future health.

This VIP physical exam includes state-of-the-art and highly functional MRI and CT, DWIBS testing that targets cancer, a brain health assessment program that quantifies the risk of dementia, and mRNA expression analysis testing that enables ultra-early detection of cancer by analyzing gene sequences. It thoroughly checks the state of 'aging' throughout the body, evaluates the risk of diseases such as 'cancer,' 'cerebrovascular and heart diseases,' 'dementia,' and 'lifestyle-related diseases,' and utilizes IT to analyze monitoring data, providing optimal treatment and advice.

BLOOD PURIFICATION

Blood Purification

Reset your body and regain true health.

This cutting-edge therapy works similarly to dialysis, where blood is extracted from the body, passed through special filtration devices to remove harmful substances such as bad cholesterol, triglycerides, inflammatory substances, and pathological permeability factors, then purified and returned to the body. It's gaining global attention for its groundbreaking approach to improving health conditions and preventing vascular diseases and pathological aging.

NMN

NMN

The secret to vitality and longevity, rejuvenating from the cellular level.

NMN is a substance naturally found in the human body, and when ingested, it is believed to slow the aging process and activate the central nervous system. This potent compound can be administered via subcutaneous injection or inhaled through the nose, delivering its active ingredients quickly and directly to the hypothalamus.

CANCER

Cancer

A comprehensive approach to cancer through advanced medical technologies.

We tackle cancer using various advanced medical treatments, including NK cell therapy, gene therapy, microwave ultrasound therapy, and cancer-targeted vaccines. We also provide comprehensive support, including issuing medical visas for treatment, and referrals and hospitalization procedures at specialized hospitals when surgeries are necessary.



MEMBER BENEFITS

SPECIAL SERVICES FOR MEMBERS

By joining the 5Star Medical Club, you gain access to advanced medical services that encompass healthcare, prevention, and beauty. Centered on your dedicated primary physician, our “exclusive team-based medical system” integrates specialists from various fields with multilingual medical caseworkers to deliver support tailored to each member’s health status and lifestyle. From health checkups, preventive medicine, regenerative medicine, aesthetic treatments, to stay support at The Peninsula Tokyo, everything is seamlessly managed. In the refined environment of a private clinic, we provide a world-class medical experience.



Personalized Support through Comprehensive Team Medicine

At the 5Star Medical Club, your primary physician, specialists in various fields, and multilingual medical caseworkers work together in a “team-based medical system” to comprehensively manage each member’s medical needs. Not only treatment, but also health checkups, prevention, regenerative medicine, aesthetic medicine, and stay support are coordinated seamlessly. In collaboration with the luxury clinic inside The Peninsula Tokyo, we deliver a refined and private medical experience.



Multilingual Medical Support & International Competence

Multilingual medical caseworkers, fluent in English, Chinese, and other languages, are always on-site. Beyond medical interpretation, they provide assistance with pre- and post-consultation coordination and decision-making support, ensuring a medical experience befitting international VIPs. We also support international credit cards and various payment apps, offering one-stop assistance for long-term stays from overseas and medical visa acquisition.



Perfect Medical Checkups

We not only assess your current health condition but also detect potential future risks at an early stage and focus on prevention. With regular checkups and advanced testing technologies, we provide specific advice to help maintain your best condition at all times. In collaboration with “THE PREVENTION CLINIC TOKYO” inside The Peninsula Tokyo, we propose scientifically grounded preventive strategies using genetic analysis and advanced imaging diagnostics.



Proposals for Advanced Medicine

We focus on “aging factors” that cause age-related health issues and propose regenerative medicine approaches to eliminate them. Specifically, we combine cutting-edge therapies that remove senescent cells and promote cellular regeneration to support your health from within. By collaborating with our GMP-compliant in-house cell processing facility, we provide regenerative treatments such as stem cell therapy, immunotherapy, and genetic diagnostics safely and effectively.



Coordination of Treatment & Hospitalization

When advanced medical care is required, our club coordinates everything to ensure smooth and rapid access to treatment or hospitalization at top-tier hospitals in Japan. We select the most appropriate medical institution according to your health concerns and assist with all procedures. We also support information exchange with overseas physicians, as well as translation and acquisition of necessary documents.



Second Opinion Proposals

Specialists with broad medical expertise provide a range of treatment options, from insurance-covered care to private medicine. For patients seeking another perspective on their conditions or concerns, we provide trustworthy second opinions and work with you to determine the most appropriate treatment. We also accommodate unapproved therapies, offering choices based on the latest medical knowledge.



Continuity of Care & Overseas Medical Support

For those concerned about ongoing treatment or medication use abroad, we provide reliable medical support. Your dedicated physician and caseworker collaborate to maintain the quality of care during your stay in Japan. We offer support with authorized import of overseas prescription drugs, alternative prescriptions within Japan with medical supervision, communication with your overseas physician, and advice regarding the use of personal medications. *Please note that some medications may require advance consultation due to longer import times.



Medical Services in a Private Setting

The exclusive clinic for members, located inside The Peninsula Tokyo, offers a completely private medical experience with multilingual support. Consultations with top-class specialists are strictly by appointment, and the design ensures you never encounter other patients, delivering the highest level of reassurance. We provide a wide range of services including high-precision checkups, genetic testing, and chronic disease management. Medical care can also be provided at your residence, villa, or hotel, and ongoing support is available through remote consultations during overseas stays.



Hotel Partnership Services

We are fully integrated with luxury hotel services, including valet parking and taxi arrangements, allowing you to stop by conveniently after golf or outings. We also provide accommodation packages and long-term stay support, delivering a comfortable medical experience tailored to your lifestyle. For all members visiting from Japan and abroad, we offer seamless and refined services.



DOCTORS

The health of 5Star Medical Club members is supported by a team of specialists and professionals.

Experts from various fields collaborate to provide each patient with the best care through advanced regenerative medicine.



Chief Medical Advisor

Harubumi Kato

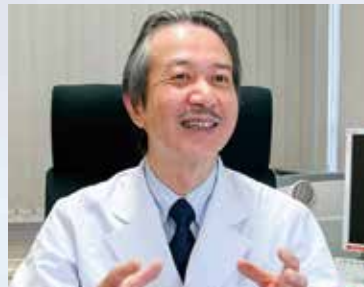
Specializing in thoracic surgery, Dr. Kato graduated from Tokyo Medical University and completed graduate studies at the university. He has studied at the Karolinska Institute in Sweden. Dr. Kato is the pioneer of photodynamic therapy (PDT) for early-stage lung cancer and is recognized as a leading expert in this field. He served as the Chairman of the Department of Surgery at Tokyo Medical University, as well as the university's Vice President, and currently leads the Clinical Proteome Center. He has also served as President of the International Society of Cytology and the International Association for the Study of Lung Cancer (IASLC). Additionally, Dr. Kato has held leadership positions in multiple Japanese medical societies and has received numerous prestigious awards, including the Japan Society of Clinical Cytology Award in 1986. His contributions to medical research and technology have made a significant impact both in Japan and internationally.



Chief Academic Advisor

Yoshitaka Fukuzawa

Former Professor and Director, Graduate School of Medicine (Department of Strategic Preventive and Integrative Medicine / Health Promotion Studies), Aichi Medical University; Former Director, Comprehensive Center for Preventive and Integrative Medicine, Aichi Medical University Hospital (concurrently with the Department of Hepato-Biliary-Pancreatic Medicine); Trustee and Professor Emeritus, Aichi Medical University; President of the Aichi Medical University Alumni Association (Aikitsukai); Doctor of Medicine, FACP. Visiting Professor, Faculty of Medicine, Ludwig Maximilian University of Munich (LMU). Currently serving as President of the Japan Society for Clinical Genomic Medicine and President of the Japanese Society of Preventive and Clinical Medicine, in addition to holding key positions in numerous academic societies. Oversees the Health and Medical Promotion Project across clinical care, research, and education. Notably, he has been selected six times for The Best Doctors in Japan (Teladoc HEALTH, as of June 2024). He also serves as Chief Academic Advisor to CLINIC 9ru and THE PREVENTION CLINIC TOKYO (VIP Medical Screening Center).



Medical Advisor

Masato Odawara

Specialized in the clinical study of atherosclerotic complications (diabetology, endocrinology and metabolism, atherosclerosis, molecular biology). His main research themes include genetic predisposition to diabetes and its complications, risk factors for macrovascular disease in diabetes, and the molecular mechanisms of insulin resistance. In 1989, he published a study on insulin receptor gene abnormalities in Science. He continues to investigate the genetic causes of diabetes and its complications, including mitochondrial gene mutations. Formerly the Chair Professor of Diabetes, Metabolism, Endocrinology, Rheumatology, and Collagen Disease at Tokyo Medical University, he currently serves as a Visiting Professor at the same institution.



Advisor, Cell Processing Center

Yasufumi Murakami

Specialist in drug discovery science, molecular biology, and immunology. Graduated from the Faculty of Pharmaceutical Sciences at the University of Tokyo and earned a Ph.D. in Pharmaceutical Sciences from the University of Tokyo Graduate School. He has held research positions at Albert Einstein College of Medicine, Memorial Sloan Kettering Cancer Center (New York, USA), and RIKEN (Japan). Since 1999, he has been a Professor in the Department of Biotechnology, Faculty of Engineering, Tokyo University of Science. Since his tumor virus research at Memorial Sloan Kettering, he has consistently focused on identifying therapeutic target molecules, developing antibody production methods, and advancing antibody-based drug development. He has produced over 700 research antibodies and holds world-leading achievements in diagnostic and therapeutic antibody development.



Chief Advisor for MRI Image Analysis

Taro Takahara

Inventor of whole-body MRI "DWIBS method (Diffusion-Weighted Whole-Body Imaging with Background Body Signal Suppression)." Achieved the world's first visualization of peripheral nerves, published in The New England Journal of Medicine (NEJM). Completed training in Pediatrics at Keio University School of Medicine and in Radiology at Dokkyo Medical University. Later served as Radiologist at St. Marianna University School of Medicine. Appointed as Assistant in the Department of Radiology, Kyorin University; Lecturer in Diagnostic Radiology, Tokai University; Visiting Associate Professor at Utrecht University Hospital (Netherlands); and subsequently Professor at Tokai University. Graduated from Akita University School of Medicine.



Physician

Ryoki Ohinata

After graduating from Nippon Medical School, he completed surgical training at Tokyo Metropolitan Komagome Hospital. He is currently an instructor in gastrointestinal endoscopy and surgery at Tokyo Metropolitan Hospitals, with extensive experience in stomach cancer surgeries. He also founded a healthcare company and serves as an occupational physician. He is now affiliated with CLINIC 9ru and THE PREVENTION CLINIC TOKYO.



Director

Hirohisa Ookame

A graduate of Nihon University's Faculty of Medicine, he trained at Nihon University's Department of Gastrointestinal Surgery and gained further expertise at Higashimatsuyama City Hospital and Mitsuwadai General Hospital. After obtaining his Ph.D. (Mh.D), he became Director of the Outpatient Surgery Department at Nihon University and Chief Surgeon at Tsudanuma Chuo General Hospital. Later, after serving as a clinician for dendritic cell therapy cancer treatment at a cancer immunotherapy clinic in Tokyo and as the director of a members-only medical examination facility, he became the director of THE PREVENTION CLINIC TOKYO, where he is engaged in the treatment and prevention of cancer recurrence incorporating cancer immunotherapy.



Chief Director

Norimasa Tsukada

Conducted lung cancer treatment research in the Department of Thoracic Surgery at Keio University, later serving as Head of the Respiratory Department at Kawasaki Municipal Hospital. With extensive clinical experience as a certified surgeon, he subsequently participated in the setup and medical services of the Roppongi Hills Clinic, a member-only clinic supported by SBI, and a similar clinic affiliated with Columbia University in the U.S. In healthcare, he also worked at the National Institute of Advanced Industrial Science and Technology. Currently, as Medical Director at CLINIC 9ru, THE PREVENTION CLINIC TOKYO, and BIOSTYLE CLINIC, he is dedicated to advanced medical treatments while also engaged in cutting-edge interdisciplinary research as a Specially Appointed Professor at Shinshu University. Graduated from Teikyo University School of Medicine.

EXCLUSIVE FACILITY

The 5Star Medical Club utilizes three special facilities to guide your body toward maximizing the performance of regenerative medicine using stem cells.



CLINIC 9RU



THE PREVENTION CLINIC TOKYO



CELL PROCESSING AND CULTURING FACILITY

LOCATION

Fourth floor of The Peninsula Tokyo.

At the luxurious clinic on the 4th floor of The Peninsula Tokyo, we offer one-stop medical services. Enjoy anti-aging treatments in a private, members-only space that provides a relaxing escape from daily life. We also offer accommodation packages that include health check-ups and treatments.

